

Reprogram Your Mind

TODAY'S SCRIPTURE

“Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind...” (Romans 12:2, AMP)

TODAY'S WORD from Joel and Victoria

Many people today don't realize that the reason they're not happy, the reason they're not enjoying life is simply because they've trained their minds in the wrong direction. They've programmed their minds to worry. They've programmed their minds to complain. They've programmed their minds to see the negative. But just as we can train our mind to focus on the negative, we can also reprogram our minds to focus on the positive. It all depends on what you meditate on.

When we meditate on the Word of God, we reprogram our minds. When we meditate on God's goodness, we are developing a right mindset. When we choose to be grateful and focus on what's right rather than what's wrong, we are choosing a positive attitude. This doesn't happen automatically; you have to discipline yourself to focus on the right things. You have to make a conscious effort to spend time in the Word of God every single day until a habit is formed.

I believe that as you honor God with your time, He'll multiply it back to you. As you stay faithful and focused on Him, He will direct your steps, and you will embrace the blessing and victory He has in store for you!

A PRAYER FOR TODAY

Father in heaven, today I surrender my thoughts and mind to You. Help me retrain my thoughts so that they are in line with Your will for my life. I choose to have a positive attitude of faith and expectancy and thank You for empowering me to enjoy the good life You have for me in Jesus' name. Amen.

Joel & Victoria Osteen